



Beat the Odds®

**Social and Emotional skill building
delivered in a framework of drumming**

Beat the Odds® is an evidence-based and trauma-informed program that integrates activities from group drumming and group counseling to build core strengths such as focusing and listening, team building, leadership, expressing feelings, managing anger/stress, empathy, and gratitude.

First time participants are welcomed to try a class for free before registering.

Email info@westsidemusicconservatory.com for the Zoom instructions.

2021 Online Summer Classes

Join us Wednesday or Saturday!

To accommodate unpredictable summer schedules, students will have the option to join any 8 classes on either Wednesday or Saturday.

A culmination in-person BTO recital will be forthcoming in August. Stay tuned!

Wednesday: 2:15 PM • Saturday: 11:00 AM

8 Week Session: \$200

Class Dates: 7/7, 7/10, 7/14, 7/17, 7/21, 7/24, 7/28, 7/31
8/4, 8/7, 8/11, 8/14, 8/18, 8/21, 8/25, 8/28

Beat The Odds will be held online via Zoom. Drum Rentals available with \$50 deposit and \$25 refund upon return in good condition—while supplies last. Call **(424) 581-6400** or email info@westsidemusicconservatory.com to register and to arrange drum pick-up.



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